

Kelly

BONANNO



I'm a soul centered wellness warrior and eco advocate on a mission to make the world a greener, healthier place. You have more control over your health and longevity than you realize. I'm passionate about helping people achieve optimal health and feel their best.

I specialize in helping people go green, reduce toxic load, manage stress and release unwanted weight without confusion, drastic diets or overwhelm!

Green Business Certified
Life Purpose & Health Coach
Certification

CONTACT KELLY

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Eco Friendly Lifestyle & Wellness Coach
Speaker | Author | Podcast Host

SPEAKING TOPICS

- Eco Friendly Living Made Easy: Go Green & Detoxify Your Home
- Introduction To Intermittent Fasting
- 5 Reasons People Are Exhausted, Stressed Out & Struggling With Weight and How To Fix It
- Green Your Beauty Routine In 5 Easy Steps
- 10 Steps to Easy Self-Care & Stress Management
- Toxins & Chronic Inflammation: What Are The Causes & How To Treat It Naturally

CLIENT REVIEWS

"You were amazing and gave us all so much great information. I've received so much positive response from the event. I truly can't thank you enough"
~Cassy Niehaus, mother of 2

"I found value in her application of the endocrine system because it emphasized just how these chemicals can be dangerous to our bodies." ~Shannon Ellis, Pediatric ICU Nurse

"Even if you think you are a well-informed, up to date or a life long health and wellness zealot you will learn something new and informative from Kelly." ~Eva Schulz, Creative Director/Writer/Producer

"The information was fantastic and everyone really seemed to appreciate and enjoy it"
~Linda Morris, Vitu

"You are the most amazing speaker, it's your calling. You're a natural... the passion and message just flow. Beautiful, powerful, articulate."
~Tamra Glaser, College Audition Mentors

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